

William Kingsbury

has been awarded the

Active IQ Level 3 Diploma in Physical Activity, Fitness and Exercise Science

Grade: Merit

Qualification Accreditation Number: 601/6042/1

66 Credits at Level 2

44 Credits at Level 3

**Jenny Patrickson** Managing Director













Date issued: 07/08/2020 Certificate number: 1158961 Learner number: 250699





In successfully achieving this qualification the learner has been awarded the following unit(s) and credit(s)

Managing personal and professional development (R/507/1223) 4 Credits at Level 2 Health and safety in the workplace (L/507/1222) 2 Credits at Level 2 Working in active leisure facilities (J/507/1221) 4 Credits at Level 2 Principles of customer care (L/507/1219) 7 Credits at Level 2 Planning and instructing gym-based exercise (J/507/1218) 16 Credits at Level 2 Principles of anatomy, physiology and fitness (F/507/1217) 12 Credits at Level 2 Instructing a Circuit Training Session (H/502/5704) 3 Credits at Level 2 Planning a Circuit Training Session (Y/502/5702) 2 Credits at Level 2 Instructing a Kettlebell Exercise Session (J/503/6615) 2 Credits at Level 2 Planning a Kettlebell Exercise Session (F/503/6614) 2 Credits at Level 2 Planning and instructing group exercise to music (K/507/1227) 12 Credits at Level 2 Nutrition for sport and exercise performance (A/507/1216) 5 Credits at Level 3 Applied human biology for exercise and fitness (J/507/1204) 8 Credits at Level 3 Principles of nutrition for healthy lifestyles (L/507/1205) 6 Credits at Level 3 Conducting consultations with personal training clients (R/507/1206) 8 Credits at Level 3 Programme design and delivery for personal training (Y/507/1207) 9 Credits at Level 3 Developing exceptional customer care skills (D/507/1208) 4 Credits at Level 3 Enterprise and entrepreneurship (H/507/1209) 4 Credits at Level 3

> **Jenny Patrickson** Managing Director

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